



Dear Parents/Caregivers/Learning Coaches,

Each year, National Red Ribbon Week is celebrated from October 23 - 31. Schools and youth support organizations across the country use this time to engage students in dialogues about the importance of making positive life choices and avoiding the temptation to use drugs and alcohol.

This year, VPA @ Madison-Grant will recognize Red Ribbon Week during the week of October 24-27th, the week we return from Fall Break. We will have another fun week of dress up days and daily announcements posted to the Counselor Corner courses. Students and staff will also have the opportunity to share why they choose to live drug free! Participating gets students entered into a drawing to win a prize!

We will be using some resources from Natural High - a nonprofit organization dedicated to empowering young people to make good choices, discover their passions, and give them life skills to help them thrive. Research shows that if young people discover their passions and are directly engaged in a compelling way by people they look up to and trust, they are more likely to make positive life choices and much less likely to choose drugs and alcohol. Natural High supports youth in leading strong and healthy lives by sharing stories of courage, resilience, and the importance of solid relationships with peers and mentors.

We encourage you to talk with your children about what they are learning and discussing. Here are a few prompts to help you get the conversations rolling and engage with your child at home:

- What is one thing you learned with Natural High that surprised you?
- What is one thing you learned that you think I should know?
- What do you think concerns me most when it comes to you and drugs and alcohol?

Thank you for supporting your child as we recognize Red Ribbon Week. We are excited for your child's involvement and welcome any questions and feedback. For more information or to find a variety of videos and resources to use for starting family conversations, please visit the Natural High website at [www.NaturalHigh.org](http://www.NaturalHigh.org).

Sincerely,

Mrs. Clock & Mr. Musgraves  
Your Vprep School Counselors



# RED RIBBON WEEK

*dress up days*

Mon  
24

"Put Drugs to Sleep" - Cozy up in your pjs for the day

Tues  
25

Rally in Red Against Drugs -  
Wear all red

Wed  
26

"Sock it to Drugs" - Wear some fun or silly socks

Thurs  
27

"We have the POWER to say NO to drugs" - Wear your favorite superhero gear

Fri  
28

"Our Future is Too Bright to do Drugs" - Wear your sunglasses and neon

VPA @ Madison-Grant

22-23

