

## Rectangular Sample Daily Schedule, K-5

Finding a daily routine can be a challenge. Below is an example of a daily schedule to help you and your student work together to build a schedule that will work BEST for you!

8:00 AM - 8:30 AM	Wake, eat breakfast, plan your day, check Canvas announcements and messages from your teacher
9:00 AM- 9:45 AM	Attend live classes. If you do not have a live class at this time, complete daily assignments Science, Social Studies, Math, English, and electives *Kindergarten has Morning Calendar @ 9:45 AM
9:45 AM- 10:00 AM	Brain break
10:00 AM - 10:45 AM	Attend live classes. If you do not have a live class at this time, complete daily assignments (Science, Social Studies, Math, English, and electives)
10:45 AM – 11: 00 AM	Brain break
11:00 AM – 11:45 AM	Attend live classes
12:00 PM - 12:30 PM	LUNCH! Recess (use recess as your PE time)
12: 45 PM - 1:30 PM	Attend live classes. If you do not have a live class at this time, complete daily assignments Science, Social Studies, Math, English, and electives
1:30 PM - 3:30 PM	Attend live classes; Complete all daily assignments for all subjects; work in IXL (6 questions day); work in iReady Math and Reading 10 minutes each; contact teachers as needed
*If you find that your student needs more 15-minute brain breaks, that's OK! Build them into your schedule! You can still work on assignments after the school day and completing the offline assignments before or after dinner is a great way to accommodate those extra, much needed brain breaks!	